

Supporting Families Through Every Stage: Transition Binder's

Franklin County Public Health

Children and Youth with Special Health Care Needs Program



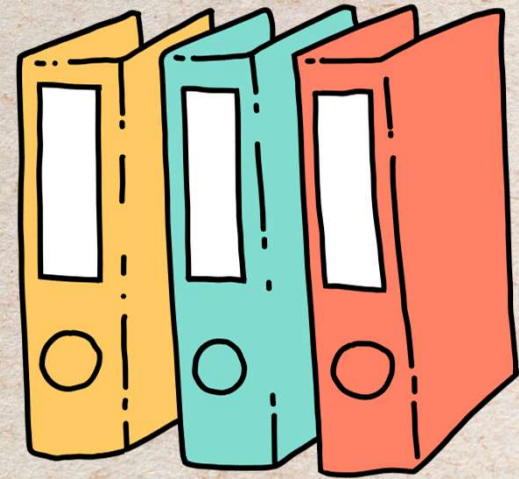
Public Health
Prevent. Promote. Protect.
Franklin County



Our Solution

Three practical resource binders:

1. New Baby Binder
2. Health Care Transition Binder
3. Adult Wellness Binder



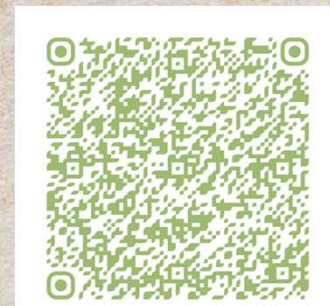
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New Baby Binder

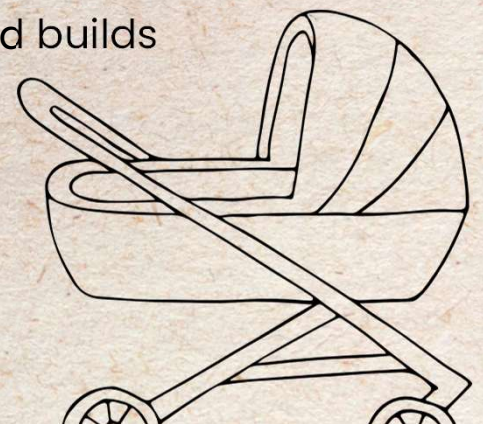
- Feeding information
- Safe sleep guidance
- Immunizations
- Growth and development
- Community resources
- Important document storage

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New Baby Binder

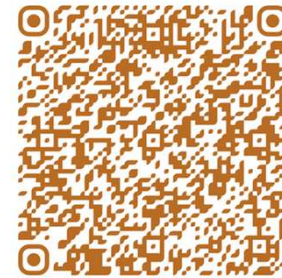
The New Baby Binder helps families feel supported and prepared as they begin parenting. It offers trusted infant care information, encourages preventive health visits, and keeps important records organized in one place. By connecting families with helpful resources, it reduces stress and builds confidence.



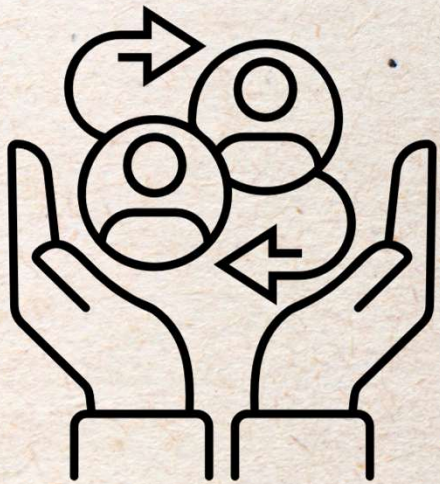
Health Care Transition Binder

- Transitioning from Pediatric to adult care
- Self-advocacy skills
- Appointment preparation
- Consent and privacy education
- Medical history tracking

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Health Care Transition Binder



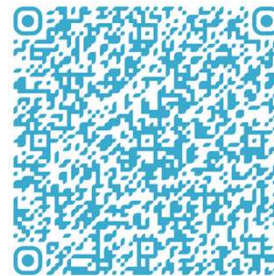
Transition planning helps youth build the skills and confidence needed to manage their own health care and become more independent. It teaches important tasks such as making appointments, keeping track of medications, understanding health insurance, using patient portals, and communicating directly with providers. It also reduces gaps in care, supports a smoother move to adult providers, and helps families adjust to changing roles.



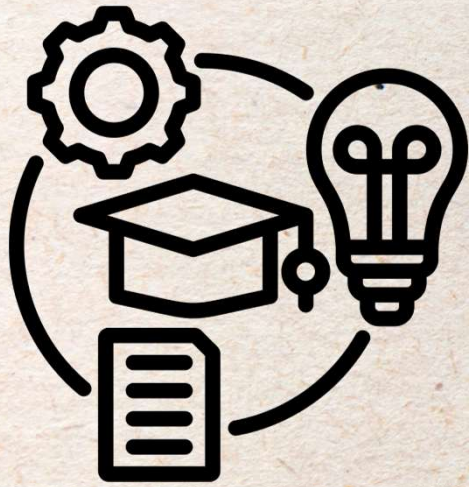
Adult Wellness Binder

- College planning
- Job search resources
- Important documents
- Schedules and time management
- Community supports
- Independent living tools

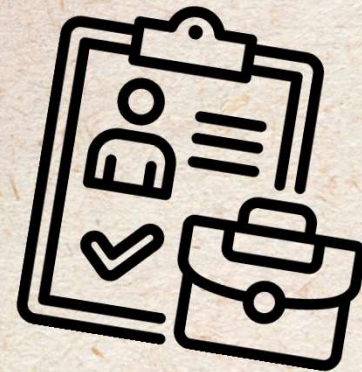
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Adult Wellness Binder



The Adult Wellness Binder is designed for youth preparing to graduate high school and enter adulthood, whether they are continuing their education, starting a job, or exploring other opportunities. It provides helpful knowledge, organization tools, and basic life skills to support success. From managing schedules and important documents to exploring careers, college planning, and community resources, the binder helps young adults feel more prepared, confident, and independent as they begin their next chapter.



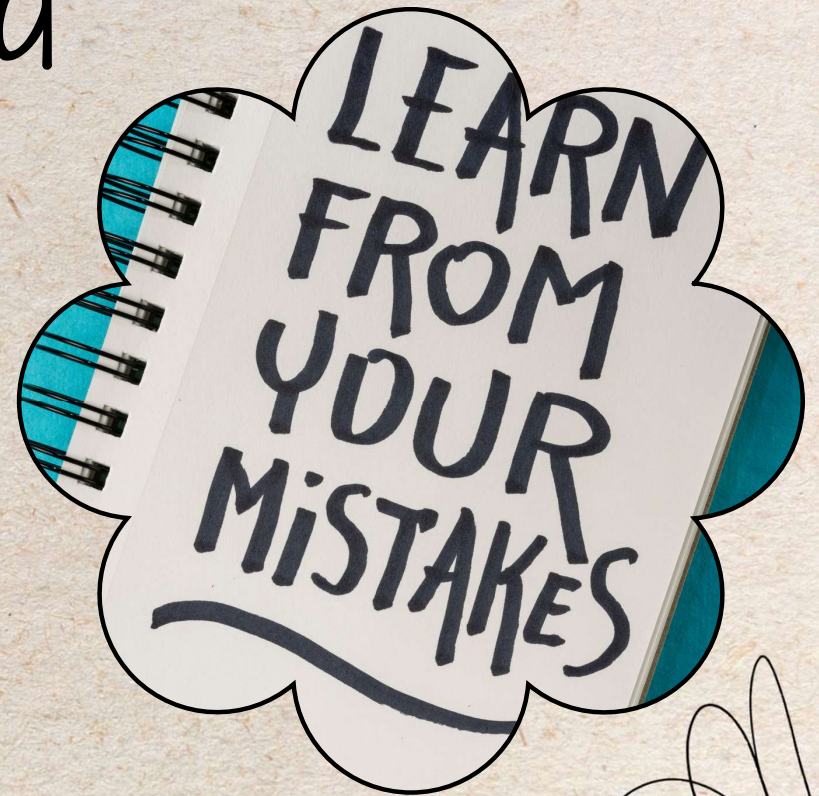
Benefits

- Easy to understand
- Practical and organized
- Reduces stress
- Encourages Independence
- Low-Cost and sustainable
- Personalized to family needs+
- Built to grow with families



Lessons Learned

- Keep language simple
- Make materials visually friendly
- Include local resources
- Ask families what they need
- Update materials regularly

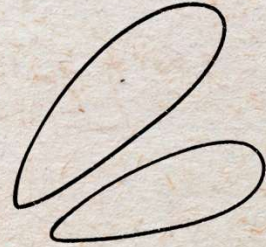


Replication Ideas

- Identify common family needs
- Gather trusted resources
- organize by life stage
- keep it user friendly
- Build community partnerships



Result



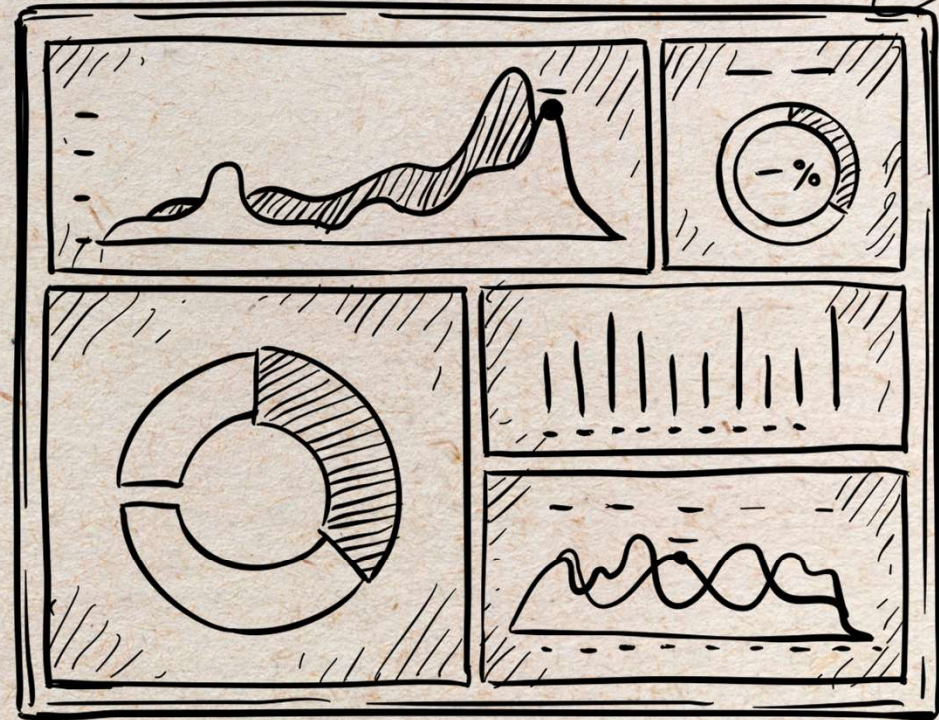
We are currently working with local pediatrician's offices to hand out the Health Care Transition binders. We have one office who calls for 2-4 binders every 2-3 months.

In the last two years we have handed out about 25 binders.

We are working on getting the supplies and partnerships to hand out the New Baby Binder, and the Adult Wellness Binder.

Schools have already been reaching out and requesting the Adult Wellness Binder for when they are ready to be distributed.

We plan to reach out and work with Hospitals and Pediatrician's offices to distribute the New Baby Binders.



Questions?

When Families have the right tools at the right time,
transitions become opportunities instead of barriers.

