The Intersection of Person-Centered Care and Population Health Outcomes

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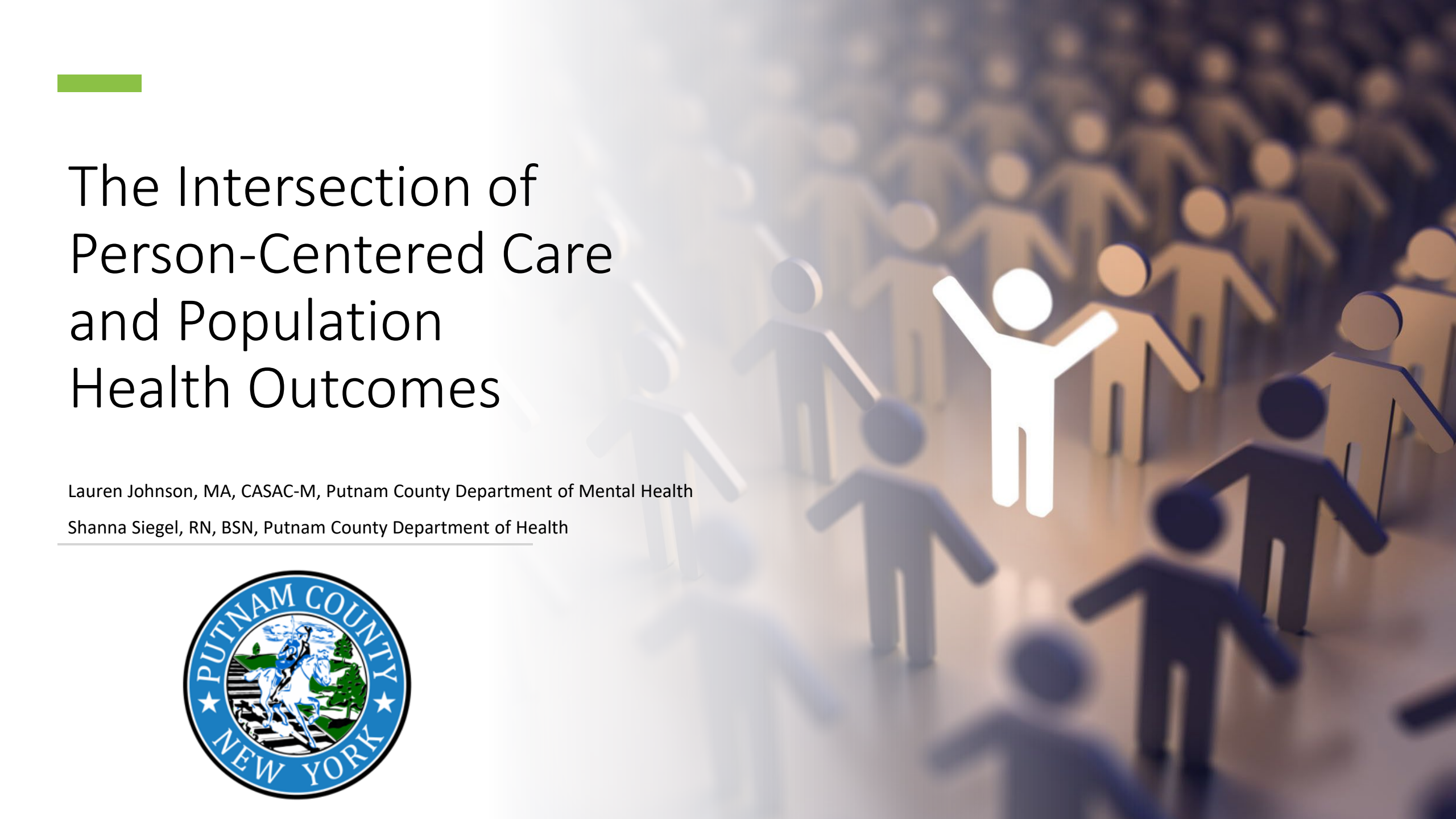


The use of affirming language inspires hope.

Language matters.

Words have power.

People first.

Putnam County Department of Mental Health uses affirming language to promote the application of evidence-based and culturally-informed practices.

THE Truth ABOUT
Cats & Dogs

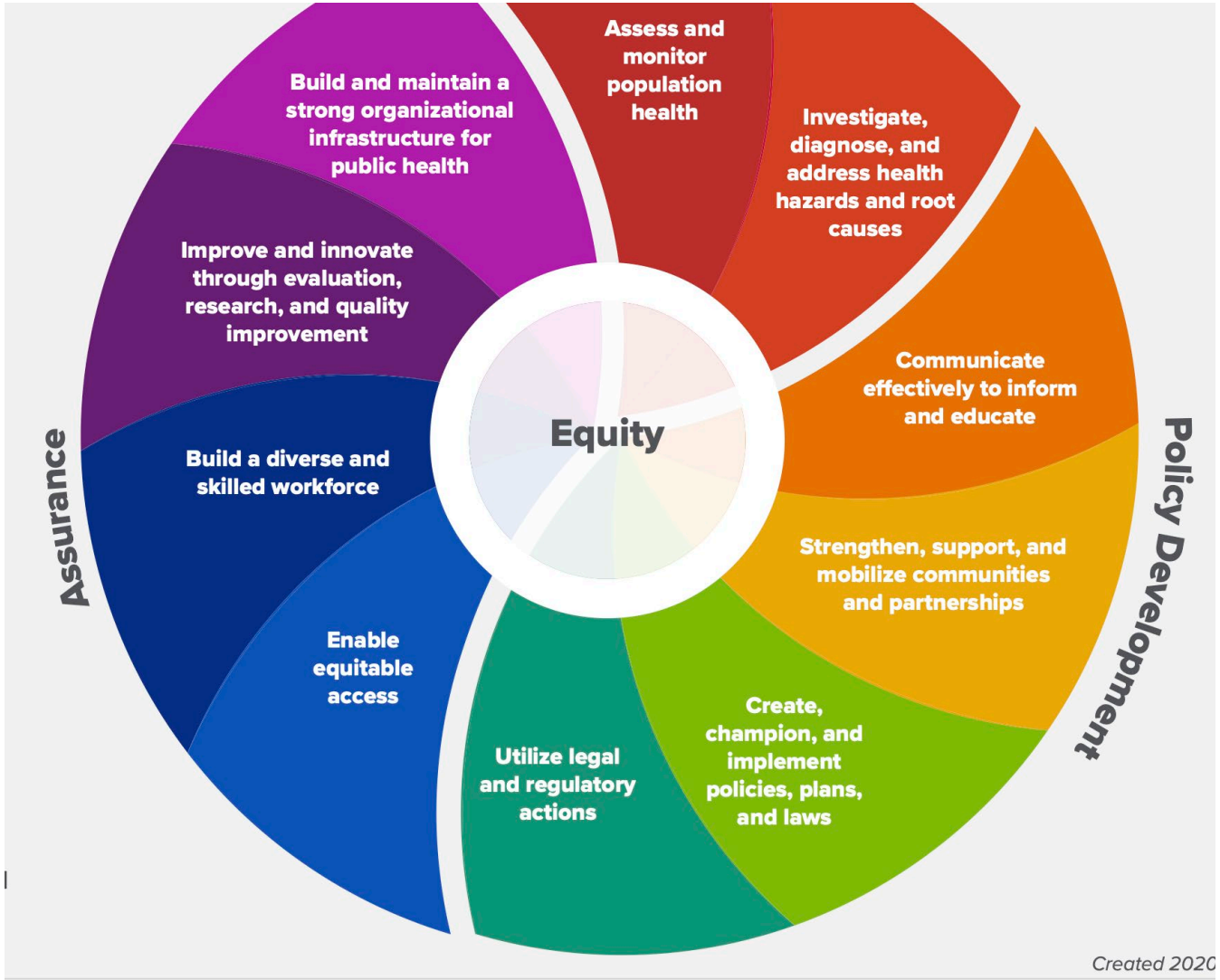
Who wants change?
Who wants *to* change?
Who wants *to* ***lead the*** change?

What is Person-Centered Care

- Values empathy, respect, and shared decision-making.
- Collaborative approach involving patients and healthcare professionals
- Focuses on the individual, their unique needs, and preferences.
- Empowers patients to make informed decisions about their health.

What is Public Health's Role in Improving Behavioral Health Outcomes

What are some population health outcomes or initiatives related to behavioral health?



In as little as six inches of water, there can be currents strong enough to knock you off your feet and sweep you downstream.

What is a system?

- Made up of components connected together in an organized way
- The components are affected by the system and the system is changed if the components change or leave
- The organized assembly of components DOES SOMETHING
- Someone has identified this system and is interested in it.

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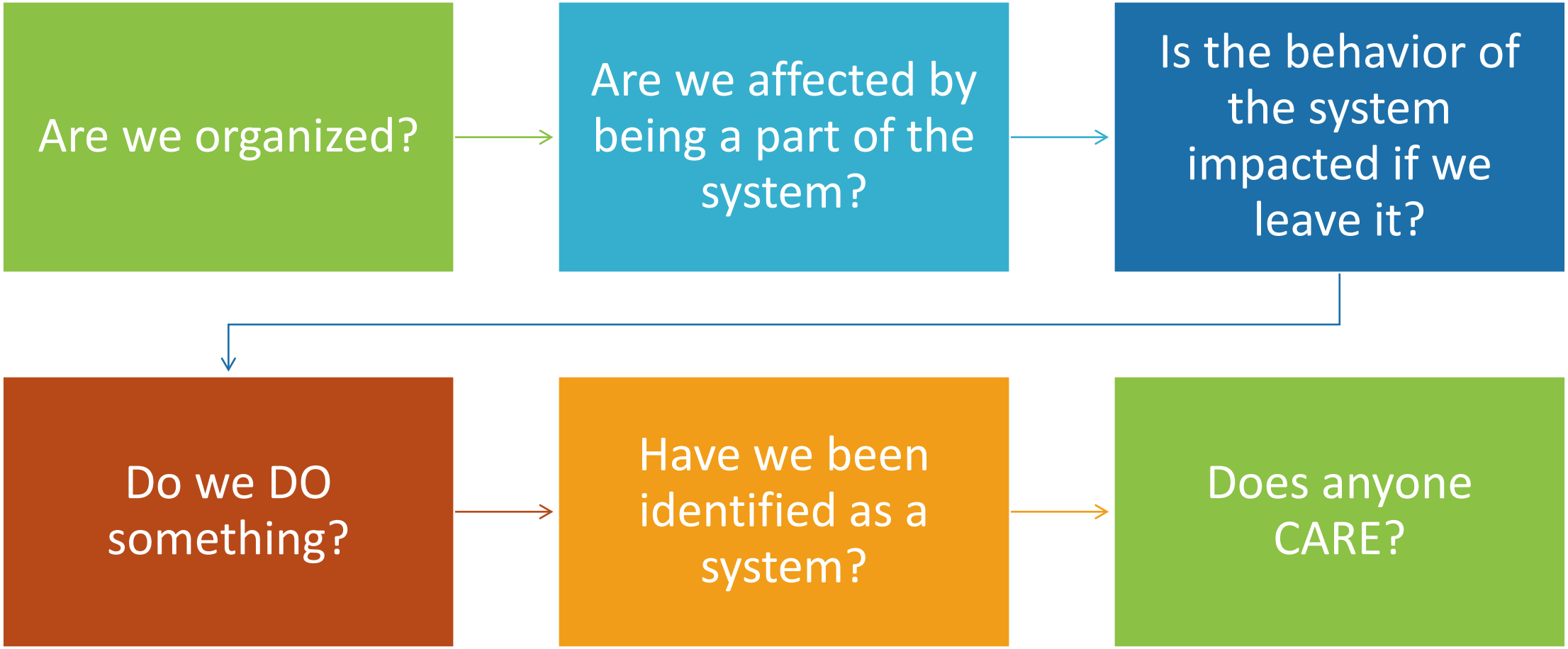
Are We Even a System?



What Next?

A systems-approach to population health operates under the notion that community health improvement involves more than just stand-alone disease prevention and treatment programs.

What Are Our Components?

Economic well-being	Community/Individual Safety	Trauma	Peer support
Transportation access	Substance-use/misuse	Safety	Cultural, historical, racial and gender issues
Food security	Mental well-being	Trust	Respect for diversity
Individual health	Community health	Empowerment	Collaboration, mutuality, voice

Using Data to Support Person-Centered Approaches

44%

Increase in overdose deaths for Black people in just one year.

39%

Increase in overdose deaths for American Indian and Alaska Native (AI/AN) people in just one year.

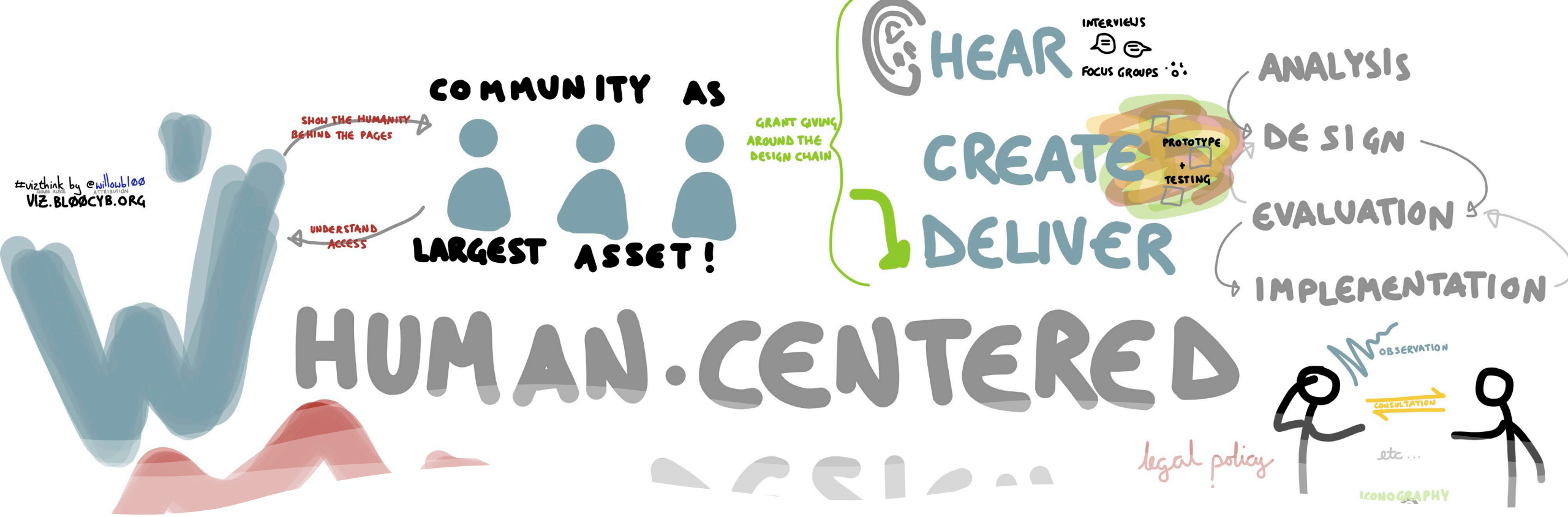
2x

In counties with more income inequality, overdose death rates for Black people were more than two times as high as in counties with less income inequality in 2020.

1.8x

People of low SES are 1.8 times more likely to report depression symptoms than those with higher SES.

Most people who died by overdose had no evidence of substance use treatment before their deaths.



What are we doing as a public health system to meet the needs of the community **as defined by** the members of the community?

What does it look like when the system works well?

Individualized care produces better population health outcomes

Understand the need

Improved adherence

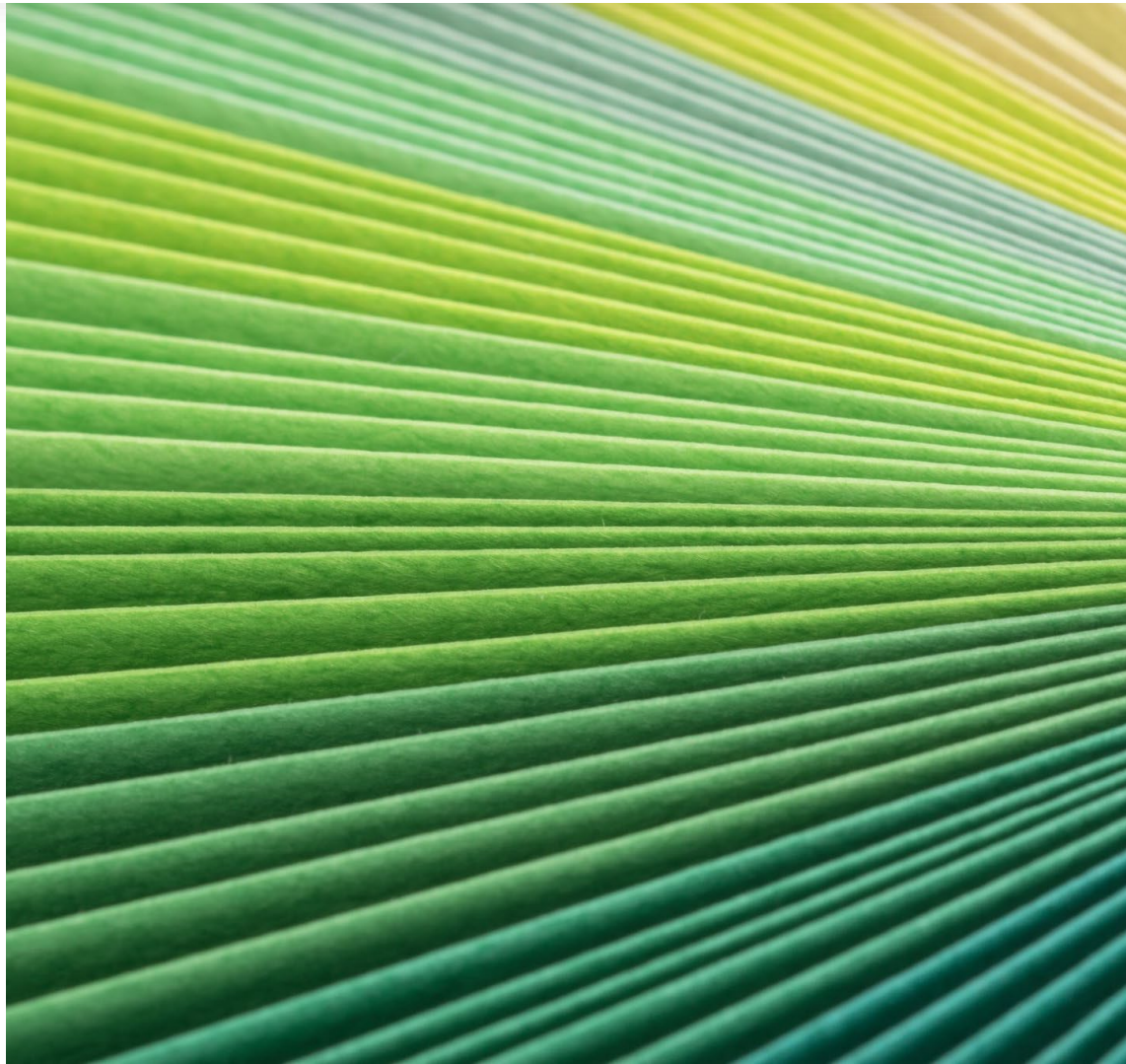
Population health data informs person-centered care

Identify high risk groups

Optimizing care plans

Making informed plans based on population level identified obstacles (i.e. language, transportation, access to childcare, etc.)

The Synergy



Thank You!

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2024 Statewide Harm Reduction Symposium

Empowering Communities for Change: Health, Equity, and Evidence

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Leading the Way to Healthier Communities